

Specialised
Living
Options

Commonwealth Home Support Programme



Supported
living on
your terms

CALL US ON 1300 342 273
THEN CHOSE OPTION 4

For you

We understand your independence is important to you. We know how much you value living a fulfilling life in your own home and community. Our Commonwealth Home Support Programme can help to help you stay independent and strong at home, on your terms.

Help to keep you safe at home is different for everyone so tell us about what you need. A little help managing a health condition, getting fit or keeping social, is only a phone call away. Our experienced health professionals can also provide care for a wide range of health needs.

When you get in touch, one Care Manager will become your contact and guide you through the aged care system. Not sure what you need, our care team are here for you. We understand your needs, will discuss your options and create a flexible plan that works for you now and into the future.

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For your carer

We get it, life is busy and sometimes all you need is some advice or a short break. We have a range of services to help you get the care and support you need to enable your loved one to stay at home. If you are caring for an older person who is frail, living with dementia, a disability or ill-health, we are here to help.

We are here to guide you through service options; obtain referrals to health professionals; and if required connect you with our coordinated care services - health or residential.

To get started, call us on 1300 342 273 then choose option 4. If you are using the myagedcare.com website, look for Monash Health.

About us

Whatever your story, whatever your health needs, care with Monash Health means you have access to a range of services that are personalised to your needs.

Being the largest healthcare service in Victoria means Monash Health has the expertise to provide you with all levels of care. Whether you need a little or a lot, we have you covered.

- Care in your home
- Care in the community
- Care in our homes
- Care in our hospitals

At Monash Health, we believe everyone should be able to choose what care they have at home. Our experienced carers will personalise every little detail.

Call us on 1300 342 273 then chose option 4



The Commonwealth Home Support Programme offers health professionals to help with:

- Active Living
- Healthy Lifestyles
- Healthy body
- Healthy mind
- Healthy eating
- Staying safe and independent at home
- Arthritis and joint pain
- Strength
- Balance
- Mobility
- Recreation and Social activities

Get in touch

Commonwealth Home Support
Programme enquiries

Phone
1300 342 273 then choose Option 4

Look for Monash Health
myagedcare.gov.au

Email
agedliving@monashhealth.org

Website
monashagedliving.com



131 450

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Visit www.dss.gov.au for more information

