# Monash**Health**

## Home Care Packages

#### Programme Description:

Monash Health provides Levels 2, 3 and 4 Home Care Packages. These are co-ordinated packages of services tailored to meet client's specific care needs so that they can continue to live at home.

### Eligibility:

In general, a person may qualify for a Home Care Package if they:

- are aged over 65 years or over 50 years for Aboriginal and Torres Strait Islanders,
- · have completed an ACAS assessment,
- are an older person who is struggling with some aspect of living at home, but still able to manage most of the time,
- might have to go into an aged care home before they are ready because they do not have help at home.

In exceptional circumstances, younger people with disabilities, dementia or special care needs may be able to access a Home Care Package if the person has been assessed and approved by the Department of Health and Human Services Victoria and Aged Care Assessment Service (ACAS). This should only occur where there are no other care facilities or care services more appropriate to meet the person's needs

#### Why we are different:

- We offer unlimited case management and a dedicated case manager.
- No Exit Fees.
- We specialise working with clients who have complex health needs.
- Our clients get affordable, high quality care from experienced and qualified staff.
- Monash Health is one organisation with many options which makes us ideally suited to caring for people as they age. We can provide integrated preventative, assistive, transitional or acute care.
- Clients are at the centre of our care, and we respect their wishes and choices. We work together with our clients to improve their quality of life.
- Access and Support help is available for those struggling to access services or navigate the Aged Care system, including My Aged Care.

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### Diversity

Our clients are from some of the most diverse communities in Australia and we welcome people from every nationality and creed. We also work closely with our Refugee Health and Aboriginal Health services, and are currently working towards a Rainbow Tick.

#### Services Offered:

- Case Management
- Personal Care
- Housekeeping
- Transport to appointment
- Transport to community activities
- Shopping
- Meals & Preparation
- · Equipment to make life easier
- Health Professionals such as physiotherapists and occupational therapists
- Nursing

### Referral Pathway(s):

Referrals to Home Care Packages are through My Aged Care.

#### Waitlist Practices:

Waitlists are determined by the National Waitlist through My Aged Care

#### Accessing services:

Once a Home Care Package has been allocated a personal case manager will be appointed to work with the client, establishing services and providing ongoing support.

### Cost(s):

Our Administration and Case Management fee is deducted from the package. Other fees are determined by Centrelink.

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#### For enquiries:

#### **General Home Care Packages**

PHONE: (03) 9792 7747 EMAIL: CSoptions@monashhealth.org WEB: <u>www.monashagedliving.com</u>

#### Access and Support Teams

PHONE: 9791 7747General Access and Support TeamPHONE: 9792 7948Aboriginal Access & Support Team