

Specialised
Living
Options

Home Care Packages



Living at
home on
your terms

CALL US ON (03) 9792 7788

For you

We understand your independence is important to you. We know how much you value being surrounded by your belongings, your people and your community in your own home. We offer you personalised support through our home care packages to help you stay at home, on your terms.

Help at home is different for everyone so tell us what you need. A little help in the garden, preparing meals or transport to appointments is only a phone call away. And for a range of specialised health care needs, our dedicated professionals can come to you.

When you get in touch, our Care Manager will become your contact and guide you through the aged care system. Not sure what you need, our care team are here for you. We understand your needs, will discuss your options and create a flexible plan that works for you now and into the future, **call (03) 9792 7788**.

For your carer

We get it, life is busy and sometimes all you need is a helping hand. We have a range of care options to help you get your loved one the care and support they need at home. If you are caring for a person living with dementia, a disability or ill-health we are here to help.

We are here to guide you through different service options; obtain referrals to health services; and if required connect you to our coordinated care services - nursing, acute or residential.

To get started, call us on (03) 9792 7788. If you are using the myagedcare.com.au website, look for Monash Health Community Support Options.

About us

Whatever your story, whatever your health needs, care with Monash Health means you have access to a range of services that are personalised to your needs.

Being the largest healthcare service in Victoria means Monash Health has the expertise to provide you with all levels of care. Whether you need a little or a lot, we have you covered.

- Care in your home
- Care in the community
- Care in our homes
- Care in our hospitals

At Monash Health, we believe everyone should be able to choose what care they have at home. Our experienced carers will personalise every little detail.

Call (03) 9792 7788.



If you have a Home Care Package we can help you:

Stay at home:

- Personal Care
- Housekeeping
- Transport to appointments
- Shopping
- Meals and preparation
- Equipment to make life easier

Be healthy at home:

- Health professionals such as physiotherapists and occupational therapists
- Nursing

Stay connected to your community

- Transport to community activities

Get in touch

Home care package enquiries

Phone
(03) 9792 7788

Look for Monash Health Community
Support Options
myagedcare.gov.au

Email
csoptions@monashhealth.org

Website
monashagedliving.com



131 450

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