Monash**Health**

Commonwealth Home Support Programme

Aboriginal Health Services provided:

The Aboriginal Health Team recognise that it is often difficult to access My Aged Care and recommend that clients contact us in the first instance so we can help them navigate the Aged Care system.

Diabetes Nurse Educator:

The Aboriginal Health Diabetes Nurse Educator position focuses on diabetes prevention, assessment, management and education. The Diabetes Nurse Educator works in a culturally responsive outreach model of care, providing care in an environments that best suit the client.

Psychologist:

The Psychologist in the Aboriginal Health Team provides assessment, diagnosis, secondary consultation and treatment for our clients with a range of presenting concerns including depression, anxiety, stress, somatic symptom disorders, chronic pain, grief, loss and adjustment issues. The position will be based across our Dandenong site and provide services across the Monash Health catchment.

Dietetics:

The Aboriginal Health Dietician position involves engaging with members of the Aboriginal community to support and empower individuals to make improvements to their health via nutrition. This may be done in a variety of ways and could include individual consultations and/or community education.

Speech Therapy:

The Aboriginal Health Speech Pathologist provides speech therapy for clients of all ages presenting with communication, literacy or swallowing concerns. The outreach position provides care in environment that best suit the client, including local playgroup and schools.

Planned Activity Groups:

Social Support Groups for elders and families. Groups operate on Mondays at DDACL.

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